









Then come along and volunteer at your nearest Abbeyfield house or care home. With a range of volunteer roles on offer and support and training throughout your time with us, we could be your ideal organisation to volunteer with.

We are looking for **young IT mentors** (aged 15-25) to sharpen the digital savvy of our residents within your local care home in Crouch End!

Could you show an older person how to work Facebook? Or teach a resident how to Skype with their family in Canada? Abbeyseld

One of our oldest residents has just sent her first tweet at the age of 107!

Interested in becoming an 'iPal' and adding something great to your CV? Then get in contact with Jennifer today by emailing j.conway@abbeyfield.com